

Carnation Reg Classic Choc Malt

# Nutrition Facts

Serving Size 1 packet (36g)

Serving Per Container 1

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**Amount Per Serving**

**Calories** 130    Calories from Fat 10

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% Daily Value \*

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**Total Fat** 1g **2%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

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**Cholesterol** <5mg **1%**

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**Sodium** 120mg **5%**

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**Total Carbohydrate** 27g **9%**

Dietary Fiber <1g **3%**

Sugars 19g

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**Protein** 5g

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Vitamin A 35%    Vitamin C 45%

Calcium 25%    Iron 25%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.